

# Sailing Vegetables in Puget Sound

Contributed by Jon Steinman  
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Part VII of The Local Grain Revolution series featured a full episode on the sailing of locally-grown grains from the Creston Valley of British Columbia to the City of Nelson. A fleet of four boats transported 5,000 pounds of the grains. Shortly after the grains were unloaded in Nelson, sailor Jay Blackmore embarked on another journey, however, this time, on-line.

He was keen to find other intrepid communities who were too exploring the practice of sailing food. Sure enough, Jay came across Dave Reid of the Sail Transport Company in Seattle, Washington. For less than a year now, Dave has been in the early stages of creating a business around the idea of sailing vegetables from farms neighbouring Puget Sound and delivering them to customers in Seattle. Dave spoke to Deconstructing Dinner over the phone and shared his exciting business model of a fossil-fuel free distribution system for zucchinis, tomatoes, and many other fresh vegetables.

## Sail Transport Company on The Deconstructing Dinner Show

June 11, 2009

Download: <http://media.libsyn.com/media/deconstructingdinner/DD061109.mp3>

## Guests/Voices

Dave Reid, Founder of Sail Transport Company (Seattle, WA) - The concept behind Sail Transport Company (STC) is to use wind and tidal power coupled with human ingenuity, skills and labor to provide a reliable system of trade and transport that is fossil fuel independent. Dave Reid first learned to sail Mirrors in Peterhead Bay Scotland in the 80's. He designed the model for STC after realizing that rock climbing was too dangerous, engines were too complicated and processed food didn't taste very good. Dave is involved with other groups such as Seattle Peak Oil Awareness, SCALLOPS, and Sustainable Ballard.

Web link:  
<http://cjly.net/deconstructingdinner/061109.htm>

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## Links:

[The Local Grain Revolution VII - Sailing Grain](#)

[Sail Transport Company](#)

[Sail Transport Network](#)

